



US Sailing Championship of Champions

Organized by US Sailing

Presented by Risk Strategies Gowrie Group

Hosted by Grande Maumelle Sailing Club

Little Rock, Arkansas

October 3-6, 2024

Sailing Instructions

[Amendment 1 10-03-2024](#) [Posted 1630](#)

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), by the US Sailing Conditions for the Championship of Champions (referred to hereinafter as the Conditions), by the US Sailing Regulations, Section 10 for Championships, as well as US Sailing Regulations, Sections 2, 4, and 15, by the SafeSport Handbook, and by the US Sailing Code of Conduct.
- 1.2 The following rules in the RRS will be changed:
 - (a) RRS 62.2 If the request for redress is based on an incident in the racing area, it shall be delivered to the race office in the clubhouse within the protest time limit.
 - (b) RRS 62.1(f) A competitor whose finishing place, through no fault of his/her own, is made significantly worse because of a breakdown, subject to Sailing Instruction 6.8, may seek redress.

- 1.3 This is a Grade 3 Coaching event; no private coaching is permitted.
- 1.4 Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct. [DP]
- 1.5 US Sailing Prescriptions to RRS 63.2 and 63.4 will not be in effect.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official regatta notice board located at the pavilion on the club grounds.

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions (SIs) will be posted immediately following the daily competitors meeting on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.


4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from a flagstaff on the docked race committee boat
- 4.2 If AP is displayed ashore, 'one minute' is replaced with 'not less than thirty minutes '(30). This changes RRS race signals.

5 SIGNALS MADE AFLOAT

- 5.1 In accordance with RRS 90.2 (c), oral changes to the SI's may be made on the water. A change is in effect when the race committee (RC) signal vessel displays code flag L with one sound signal.
- 5.2 Any oral changes made will be posted in writing as soon as possible on the day they were made.

6 BOATS

- 6.1 The Y-Flyer will be the provided boat and will be sailed only as provided, and in a "round robin" format.
- 6.2 Competitors may use the initial draw boat for practice on Thursday and Race 1 on Day 1.
- 6.3 Competitors will rotate boats as described in the boat rotation schedule in **Addendum A**. 
- 6.4 The total number of sailors aboard shall be two (2) persons.
- 6.5 Crew substitutions must conform to US Sailing Championship of Champions Conditions and only with the approval of the US Sailing representative for this event.
- 6.6 The regatta is not being conducted as a class sanctioned or class association event. Class rules do not apply.
- 6.7 Wind indicators, including yarn, thread, cassette tape, etc., may be tied or taped anywhere on the boat, and shall be removed by the end of the regatta.

6.8 Competitors shall report any damage or loss of equipment and any collision, however slight, to the RC as soon as possible by flying a yellow colored breakdown flag/streamer or other identifier, to be provided by the OA and identified at the competitors meeting, or by **hauling a support boat on VHF channel 72** before transferring to another boat. The penalty for breaking this instruction shall be as described in SI 6.9 below, unless the protest committee (PC) is satisfied that the competitor made a determined effort to comply.

6.9 The penalty for not complying with instructions in SI 6.8 and compliance with “Boats Provided by The Host Club” **Addendum** may be disqualification from each race sailed in which an instruction is broken.

6.10 After the warning signal a race will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed, or communicated via VHF, prior to the warning signal.

7 SCHEDULE OF RACES

Thursday October 3rd	1030-1630	On-site registration and check-in
	1200-1230	Lunch
	1230-1330	Y Flyer Seminar by Drew Daugherty
	1230-1630	Practice
	1800	Competitors Meeting
	1830	Dinner
Friday October 4th	0830-1000	Breakfast
	0845	Competitors meeting
	1030	Warning signal – first race of the day, subsequent races and lunch break will follow
	1900	Dinner
Saturday October 5th	0830-0930	Breakfast
	0845	Competitors Meeting
	1000	Warning signal – first race of the day, subsequent races and lunch break will follow
	1900	Dinner following racing
Sunday October 6th	0830-0930	Breakfast
	0845	Competitors Meeting
	1000	Warning signal- first race of the day, subsequent races will follow.
	1330	No warning signal will be made after this time. Lunch and awards will follow the last race.

8 CLASS FLAG

8.1 The class flag will be the Y-Flyer Class flag, a **white lime green** flag with a black "Y."

9 RACING AREA

9.1 All racing will take place on Lake Maumelle.

10 THE COURSE

10.1 The course, as shown in **Addendum B**, will be windward-leeward with a windward offset mark and a leeward gate. No later than the warning signal, the course to be sailed will be displayed on the Signal Boat along with the number of legs to be sailed (e.g. **W4 or W3**).

10.2 The race committee will also attempt to broadcast the approximate magnetic heading to the windward mark and the approximate distance (nm) to the windward mark. Failure to receive this information shall not be grounds for Redress. This changes RRS 62.1(a).

11 MARKS

11.1 The weather mark, weather offset mark, leeward gate marks, change mark and start and finishing marks will be described at the daily competitors meeting.

11.2 The starting and finishing marks will consist of a race signal vessel at the starboard end and an inflatable mark at the port end **for windward finishes. For leeward finishes, the finish line will be the same as the starting line.**

11.3 A leeward gate consisting of two (2) marks will be used. If one (1) mark is missing, then the remaining mark is to be rounded to port.

12 THE START

12.1 The starting line will be between a staff displaying **an orange flag a blue RC flag on the main mast** on the RC signal vessel at the starboard end and the course side of the starting mark.

12.2 The RC will endeavor to hail premature starters using VHF channel **68 72**. Failure to hail, the order or timing of the hail, or the failure to hear the hail will not be grounds for Redress. This changes RRS 62.1(a).



13 CHANGE OF THE NEXT LEG OF THE COURSE

13.1 The RC may make minor adjustments (up to 10 degrees and .1NM in length) to the course during a race without signaling a course change. This changes RRS 33.

13.2 One or the other gate mark may be moved without signal to support the course configuration.

14 THE FINISH

14.1 The Finishing Line will be between a staff displaying a blue flag on the RC vessel and the nearby mark.

15 PENALTY SYSTEM

- 15.1 US Sailing Appendix V1 Penalty at the Time of the Incident shall apply.
- 15.2 Penalties for infractions within three (3) boat lengths of the windward mark or on the offset leg may be delayed and taken as soon as possible on the downwind leg. This changes RRS 44.2.

16 TIME LIMITS

- 16.1 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1 and A5.
- 16.2 The time limit for the first boat to sail the course and finish will be 60 minutes.
- 16.3 Any boats that do not finish within ten (10) minutes of the first boat to sail the course and finish will be scored Time Limit Expired (TLE), without a hearing and be scored two (2) more points than the last boat to have finished within the time limit but not worse than DNF.
- 16.4 If one boat has not finished and is unduly delaying the start of another race, the RC may finish that boat and score the boat in last place.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 A boat shall not protest another boat for an alleged breach of a Class rule. This adds to RRS 60.1.
- 17.2 Boats intending to protest shall inform the RC at the finish of the race.
- 17.3 The protest time limit is 45 minutes after the RC signal vessel docks at the end of racing for the day. Protest forms are located on a table in the clubhouse.
- 17.4 Notices to inform competitors of hearings to which they are parties will be posted within 10 minutes of the end of protest time. This will constitute notice to all parties under RRS 61.1(b) and 63.2.
- 17.5 Only the OA or RC can protest a boat for breaking SIs 21 or 22. The penalty for breaking these instructions may be less than disqualification at the discretion of the PC.
- 17.6 A list of RC actions will be posted prior to the end of the protest time limit. The deadline for requesting redress based on these scores will be either 30 minutes after posting of the penalty notice or the protest time limit, whichever is later. This changes RRS 62.2.

18 SCORING

- 18.1 The Low Point Scoring System (RRS Appendix A) will be used, Appendix A2 is modified as follows:
 - When seven (7) or more races have been completed, a competitor's series score will be the total of that competitor's race scores excluding that competitor's worst score.
- 18.2 Four (4) races are required to constitute the regatta.

19 BREAKDOWNS

- 19.1 When a boat suffers a breakdown in the racing area, subject to SI 6.8, she may seek redress by displaying a yellow flag/streamer at the first opportunity after the breakdown until it is acknowledged by the RC. If it is possible to continue racing without causing further damage, she

shall continue racing and have the breakdown addressed after finishing.

- 19.2** When the PC decides that the boat's finishing position was made significantly worse by the breakdown, that the breakdown was through no fault of the crew, and that under the same circumstances a reasonably competent crew would not have been able to avoid the breakdown, it shall make as equitable a decision as possible.

20 DISPOSAL OF TRASH

- 20.1** Competitors shall remove any trash from the boat they are sailing during each rotation. Trash may be given to any support boat for disposal.

21 SAFETY REGULATIONS

- 21.1** A boat that retires from a race or leaves the racing area between races shall notify the RC as soon as possible on the designated VHF channel.

22 CONTROLLED SUBSTANCES

- 22.1** US Sailing Regulation 10.03, for adult US Sailing Championship events, no competitor shall use or possess, either on or off the water: marijuana or any other substance if possession is illegal under state or federal law.
- 22.2** An alleged breach of one of these regulations shall not be grounds for a protest. However, when the PC believes that a competitor may have broken one of these regulations, it shall follow the process described in the Championships Code of Conduct. If a competitor is found to have broken one of the elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.

23 PRIZES

- 23.1** The Jack Brown Trophy, a perpetual trophy, will be awarded to the winner of the Championship Finals. The perpetual trophy will be kept on display at US Sailing.
- 23.2** US Sailing medals will be awarded to the top three (3) teams.

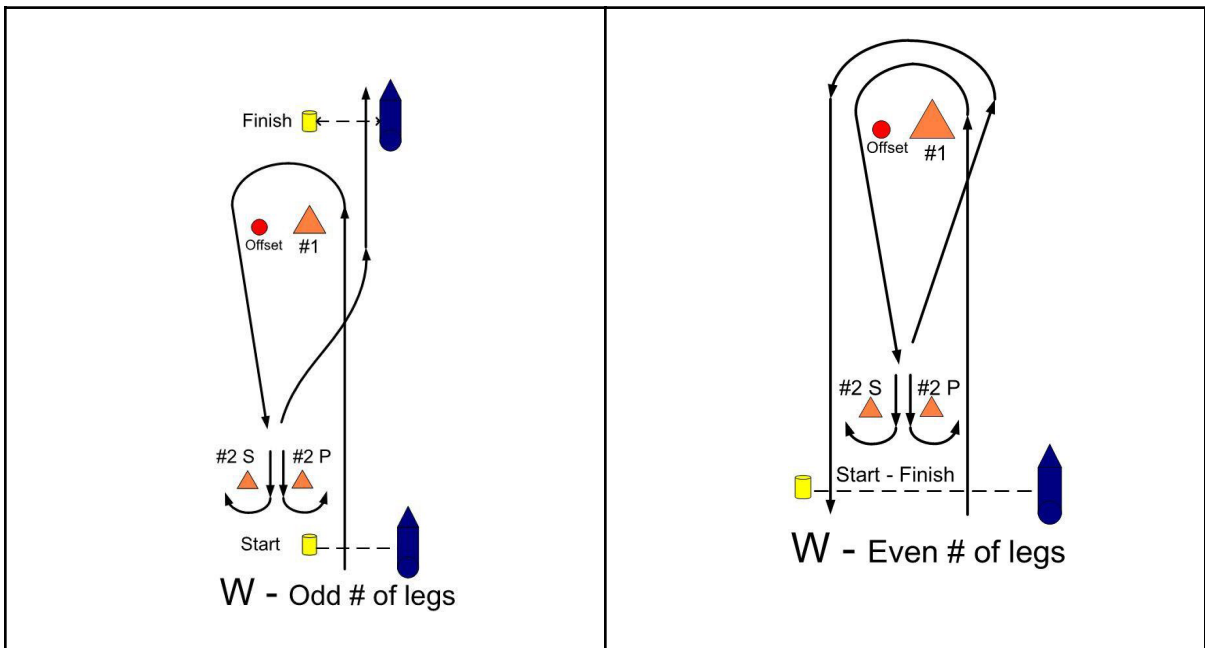
ADDENDUM

This is an example rotation schedule – the actual rotations will be provided at registration.

Boat Rotation Schedule
Direct Swap (odd skippers move up in boat numbers, even skippers move down in boat numbers)

	Race #1	Race #2	Race #3	Race #4	Race #5	Race #6	Race #7	Race #8	Race #9	Race #10	Race #11	Race #12	Race #13	Race #14	Race #15	Race #16	Race #17	Race #18	Race #19	Race #20
Skipper 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Skipper 2	2	1	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3
Skipper 3	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	1	2
Skipper 4	4	3	2	1	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5
Skipper 5	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	1	2	3	4
Skipper 6	6	5	4	3	2	1	20	19	18	17	16	15	14	13	12	11	10	9	8	7
Skipper 7	7	8	9	10	11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6
Skipper 8	8	7	6	5	4	3	2	1	20	19	18	17	16	15	14	13	12	11	10	9
Skipper 9	9	10	11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6	7	8
Skipper 10	10	9	8	7	6	5	4	3	2	1	20	19	18	17	16	15	14	13	12	11
Skipper 11	11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6	7	8	9	10
Skipper 12	12	11	10	9	8	7	6	5	4	3	2	1	20	19	18	17	16	15	14	13
Skipper 13	13	14	15	16	17	18	19	20	1	2	3	4	5	6	7	8	9	10	11	12
Skipper 14	14	13	12	11	10	9	8	7	6	5	4	3	2	1	20	19	18	17	16	15
Skipper 15	15	16	17	18	19	20	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Skipper 16	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	20	19	18	17
Skipper 17	17	18	19	20	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Skipper 18	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	20	19
Skipper 19	19	20	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Skipper 20	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

ADDENDUM B



ADDENDUM C

BOATS PROVIDED BY THE HOST CLUB

1 General

All reasonable steps will be taken to equalize boats. Actions prohibited by Addendum C2 are not subject to protest by a boat.

2 PROHIBITED ITEMS AND ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by a member of the RC otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth without having paid the required damage deposit or having permission from the RC, or, on race days while "AP" is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline. This includes the use of sandpaper.
- 2.9 Moving the mast blocks.
- 2.10 Using a flattener as a reef.
- 2.11 Perforating sails, even to attach tell tales.
- 2.12 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.13 The use of electronic instruments other than compass, watches, or VHF. If electronic, only a compass with heading, heading memory, and timing functions is permitted. Nothing with GPS function is permitted.
- 2.14 Marking directly on the hull or deck with permanent ink.
- 2.15 The use of the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.

3 PERMITTED ITEMS AND ACTIONS

The following actions are permitted:

- 3.1 Taking on board the following equipment:
 - (a) basic hand tools
 - (b) Electrical or duct tape
 - (c) line (elastic or otherwise of 4 mm diameter or less)
 - (d) marking pens
 - (e) tell-tale material
 - (f) watch, timers and hand-held compass
 - (g) shackles and clevis pins
 - (h) Velcro tape
 - (i) spare flags
- 3.2 Using the items in 3.1 to:
 - (a) prevent fouling of lines, sails and sheets
 - (b) attach tell tales
 - (c) prevent sails being damaged or falling overboard
 - (d) mark control settings
 - (e) make minor repairs and permitted adjustments

4 MANDATORY ITEMS AND ACTIONS

Reporting damage to the RC and Dockmaster

5 Y-FLYER SPECIFIC SETUP: Y-Flyer specific rigging will be distributed at registration and reviewed at the Y-Flyer seminar.